



## **TEAM LEADERSHIP/PE 30 - WH Croxford**

### **Full year class**

**Mr. Goldie**

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**P3 (M/W), P4 (T/R)-GYM/Room 1002**

### **Philosophy and Rationale**

The TEAM Leadership program encourages students to practice the key elements of 'servant leadership' through hands on project work with their peers. Students will develop their own leadership style, learn to take risks in a safe environment, and grow in positive, productive ways. Within the class, student driven team building processes will develop a sense of trust, responsibility for, and commitment to each other. The positive, non-threatening environment provides the structure for students to be willing to take risks; thereby giving them the confidence to make a difference at WH Croxford and in the community.

*'The only real training for leadership, is leadership' – Antony Jay*

### **Timeline**

In general, we will alternate between the gym (for PE 30) and the classroom (Team Leadership) in one-week increments. We will however have to be adaptable due to the weather, school requirements and events, and our own planning and leadership schedule. A schedule will be provided, but please be prepared for either PE or classroom work each day.

### **Building School and Community**

Along with PE 30 and completing CTS modules, this class will be tasked with helping and leading in the following areas:

- Running Intramurals during lunchtime at Croxford
- Helping to run sport tournaments and league games at Croxford
- Helping to connect our feeder schools to Croxford through sports and other involvement
- Helping to connect Croxford sports and athletics to our community

All thoughts and ideas on how to accomplish these and other goals are encouraged!

### **Credits and CTS Modules**

The goal is that each student in the class finishes with at least 10 credits this year. 5 from successfully completing PE 30, and 5 or more from CTS modules. The following 5 CTS modules will be taken by the whole class, though each student will have the opportunity to earn more credits if desired. Please communicate clearly with Mr. Goldie if you would like to earn more credits (for graduation, scholarship, or post-secondary admission purposes). We can make it happen!

The order of these modules may vary, and may not be completed in a linear timeline, based on the events that we run. Assessment for each module will be a combination of projects, assignments, and practical application. A clear breakdown will be provided before we begin each module.

**1) REC 2060 - Leadership in Sport**

Students learn basic skills and developmental principles for teaching recreation activities and foundational movement concepts to children and youth.

**2) REC 2120 - Coaching 1**

Students learn basic coaching skills common to all sports in the areas of planning and delivering a practice, teaching, and learning, and mental skills training. Students develop an appreciation for the role of coaches in community recreation programs.

**3) REC 3120 - Coaching 2**

Students learn basic coaching skills common to all sports in the areas of designing a sport program and ethical considerations for coaching. Students develop an appreciation for the roles and responsibilities of coaches in community recreation programs.

**4) REC 3130 – Officiating**

Students analyze the historical development of at least one specific sport, including an in-depth analysis of the rules of play. Students analyze the roles and responsibilities of officials in sport and demonstrate officiating skills for a specific sport in simulated scenarios and actual practices and games.

**5) REC 3140 - Sport and Society**

Students explore the structure and function of community, amateur and professional sport organizations. The impact of sport organizations and events on society is also examined.

Thanks, and let's work together to have a fantastic year and to make a difference in our school and community!

