



## **Community Education Service**

## Helping your child find school success

Sam Morros, Educational Coach & Cheryl Cresine, Manager Youth Education & Employment Services

## Thursday January 18, 2018 6:30 pm - 8:30 pm Sign in: 6:15pm

Boys and Girls Club 200 East Lake Cres., **Airdrie**  Session is FREE of charge/ Parking fees may apply

Register: <u>http://community.hmhc.ca/</u> For more information: email ces@ahs.ca or call (403) 955 - 4747

One of the challenges parents face in 21st century learning is the lack of resources available to help their child with homework. This workshop aims to help parents support their children with school success. Topics include how young brains work (how children learn, learning styles & strategies), study skills & techniques, learning preferences, stress management and using the internet to your advantage for school success.

Level I: This session presents an overview of guiding your child towards school success and would best meet the needs of families and/or professionals with little to no knowledge of, or experience, with this topic.

his session is presented by the Community Education Service of the Child and Adolescent Addiction, Mental He<mark>alth</mark> and Psychiatry Program CAAMHPP) of Alberta Health Services in partnership with RVS, MHCB Stepping Stones to Mental Health & the Boys and Girls Club of Airdrie.